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# The Food Distribution Program On Indian Reservations

UNITED STATES DEPARTMENT OF AGRICULTURE / FOOD AND NUTRITION SERVICE / WASHINGTON, D.C. 20250  
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FNS-222

Through the Food Distribution Program, the U.S. Department of Agriculture (USDA) donates foods to help meet the nutritional needs of children and needy adults. Households on Indian reservations and Indian households living near reservations are among those who receive the foods. The Food Distribution Program also helps to expand markets for food that American farmers produce.

## **WHO BENEFITS FROM THE PROGRAM?**

USDA distributes food to members of Indian households living on or near a reservation and members of non-Indian households living on a reservation who:

- buy and cook food together, and
- work for low pay, are unemployed, or are elderly or disabled and live on a small income.

A household may not participate in the Food Distribution Program on more than one reservation at a time, or participate in both this program and the Food Stamp Program at the same time.

## **WHAT DOES THE PROGRAM PROVIDE?**

USDA donates a variety of foods to help participants maintain a healthy diet. The following foods are provided monthly: canned meats; vegetables, fruits, and juices; dried beans; peanuts or peanut butter; egg mix; milk; cheese; pasta, flour, or grains; corn syrup; and shortening. Participating agencies can order food items according to household preferences. Participants receive information about nutrition, proper food storage, sanitary food preparation methods, and suggestions for using donated foods from nutritionists, County Extension home economists, and other sources.

## **WHO IS ELIGIBLE?**

In determining who is eligible to receive donated foods, local Food Distribution Offices consider the number of people in a household, the household's income, money in checking or savings accounts, and money paid for the care of a household member while the other members are at work or in school. There is a limit on how much money each household can have and be eligible for the program. The amount varies, based on the number of people in the household.

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## **FOR ADDITIONAL INFORMATION**

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You may obtain further information on the Food Distribution Program from Food and Nutrition Service regional offices located at the following addresses:

### **Mid-Atlantic Regional Office**

Food and Nutrition Service  
U.S. Department of Agriculture  
One Vahlsing Center  
Robbinsville, N.J. 08691  
Delaware, Maryland, New Jersey, New  
York, Pennsylvania, Washington, D.C.,  
Virginia, West Virginia, Puerto Rico, Virgin  
Islands

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### **Midwest Regional Office**

Food and Nutrition Service  
U.S. Department of Agriculture  
536 South Clark Street  
Chicago, Ill. 60605  
Illinois, Indiana, Michigan, Minnesota,  
Ohio, Wisconsin

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### **Mountain Plains Regional Office**

Food and Nutrition Service  
U.S. Department of Agriculture  
2420 W. 26th Avenue  
Suite 415-D  
Denver, Colo. 80211  
Colorado, Iowa, Kansas, Missouri, Mon-  
tana, Nebraska, North Dakota, South  
Dakota, Utah, Wyoming

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### **New England Regional Office**

Food and Nutrition Service  
U.S. Department of Agriculture  
33 North Avenue  
Burlington, Mass. 01803  
Connecticut, Maine, Massachusetts, New  
Hampshire, Rhode Island, Vermont

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### **Southeast Regional Office**

Food and Nutrition Service  
U.S. Department of Agriculture  
1100 Spring Street NW.  
Atlanta, Ga. 30367  
Alabama, Florida, Georgia, Kentucky,  
Mississippi, North Carolina, South  
Carolina, Tennessee

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### **Southwest Regional Office**

Food and Nutrition Service  
U.S. Department of Agriculture  
1100 Commerce Street  
Dallas, Tex. 75242  
Arkansas, Louisiana, New Mexico,  
Oklahoma, Texas

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### **Western Regional Office**

Food and Nutrition Service  
U.S. Department of Agriculture  
550 Kearny Street  
San Francisco, Calif. 94108  
Alaska, American Samoa, Arizona, Califor-  
nia, Guam, Hawaii, Idaho, Nevada,  
Oregon, Trust Territories, Washington

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